

APPENDIX B – THE CANINE ORTHOPEDIC INDEX

Description of Stiffness:

The following questions concern the amount of joint stiffness your dog has experienced in the **past 7 days**.

Stiffness is the restriction or slowness in the ease with which your dog moves his/her joints.

Please select **one** answer for each question below.

1. How severe is your dog's stiffness after first wakening **in the morning**?
 - None;
 - Mild;
 - Moderate;
 - Severe;
 - Extreme.

2. **Later in the day**, how severe is your dog's stiffness after lying down for at least 15 minutes?
 - None;
 - Mild;
 - Moderate;
 - Severe;
 - Extreme.

3. How much of a problem does your dog have **rising to standing** after lying down for at least 15 minutes?
 - No problems;
 - Mild problems;
 - Moderate problems;

- Severe problems;
 - Extreme problems.
4. In general, over the past 7 days, how much difficulty has your dog had with his or her joints?
- None;
 - Mild;
 - Moderate;
 - Severe;
 - Extreme.

Description of Function:

Please indicate how much of a problem each of the following activities has been for your dog over the **past 7 days**.

Please select **one** answer for each question below.

5. **Jumping up** (as in getting into the car or onto the bed)?
- No problems;
 - Mild problems;
 - Moderate problems;
 - Severe problems;
 - Extreme problems.
6. **Jumping down** (as in getting out of the car or off of the bed)?
- No problems;
 - Mild problems;
 - Moderate problems;

- Severe problems;
- Extreme problems.

7. **Climbing up** (as in stairs, ramps or curbs)?

- No problems;
- Mild problems;
- Moderate problems;
- Severe problems;
- Extreme problems.

8. **Climbing down** (as in stairs, ramps or curbs)?

- No problems;
- Mild problems;
- Moderate problems;
- Severe problems;
- Extreme problems.

Description of Gait:

The following questions concern your dog's gait over **past 7 days**.

Gait refers to the manner in which your dog uses its legs as it moves

Please select **one** answer for each question below.

9. On average, how severe was your dog's limp **during** mild activities (such as short walks)?

- None;
- Mild;
- Moderate;
- Severe;
- Extreme.

10. On average, how severe was your dog's limp **during** mild activities (such as long walks, playing or running)?

- None;
- Mild;
- Moderate;
- Severe;
- Extreme.

11. How often did your dog limp **the day after** moderate activities (such as long walks, playing or running)?

- Never;
- Rarely;
- Occasionally;
- Frequently;
- Constantly.

12. How often have you been aware of your dog's joint problems?

- Never;
- Rarely;
- Occasionally;
- Frequently;
- Constantly.

13. How often did your dog 'pay' for over-activity, with increased pain or stiffness the following day?

- Never;
- Rarely;
- Occasionally;

- Frequently;
- Constantly.

Description of Quality of Life:

Please select **one** answer for each question below.

14. In the past 7 days, what has been your level of concern that your dog's joint problems will shorten his or her life?

- None;
- Mild;
- Moderate;
- Severe;
- Extreme.

15. In the past 7 days, what has been your level of concern that your dog is generally slowing down?

- None;
- Mild;
- Moderate;
- Severe;
- Extreme.

16. Overall, how would you rate your dog's quality of life over the past 7 day?

- Excellent;
- Very Good;
- Good;
- Fair;
- Poor.